



Unity of Albany Fall Retreat October 2 & 3, 2026

We are delighted you can join us at the Dominican Retreat Center for this year's community retreat. Use this registration form to sign up, choose a payment option and share any dietary requests and/or food allergies or sensitivities. Contact Gerri at the Unity office with questions.

WHAT TO EXPECT

**Dominican Retreat Center. 1945 Union St. Niskayuna, NY 12309
518-393-4169**

[Dominican Retreat Center](#) is located on ten beautiful landscaped acres, just off route 7. Spacious grounds and open courtyard border forty-five private rooms. A large dining room, library and meeting room are complemented by one of the most beautiful chapels in the area (with murals painted by Tomie DePaola artist and author/ illustrator of over 200 books!) The entire house is wheelchair accessible, and for the health of those with sensitivities, **this is a scent-free facility.**

Check in time begins at 4 pm, Friday, October 2. Dinner is at 6pm, and programming begins at 7:30 on Friday. We will end at approximately **7 pm on Saturday, October 3, after dinner.** All meals, as well as snacks and beverages, will be provided. To cut down on waste, consider bringing a reusable water bottle

Brief Overview of Schedule (subject to change/modification)

We gather for **dinner at 6 pm on Friday.** Our opening night session will run from about 7:30-9:30 pm. On Saturday morning there will be optional movement/meditation practices available before breakfast, which is served between 8-9 am. Our full day offers inspirational sessions with our retreat facilitator **Joan Horgan**, with space also allotted for connection, quiet reflection, being in nature, and creativity. After our closing circle, you'll have time to pack up prior to **dinner at 6 before we depart.**

Please note this additional information:

Alcohol, drugs, fireworks and firearms are not permitted on the grounds. Smoking and open flames, such as candles and incense are not allowed inside of any building. Pets, other than service animals, are not allowed on the grounds. There is ample parking available.

REGISTRATION

Your Information:

Name:

Address:

Email:

Phone:

Emergency Contact:

Name and Phone:

Relationship:

MEALS (Dinner Friday, Breakfast, Lunch and Dinner on Saturday)

_____ Vegetarian

_____ Vegan

_____ No restrictions

Please list food allergies or sensitivities here:

_____ **NUTS: please note if it is by ingestion only** _____ **or also airborne** _____

_____ Gluten

_____ Dairy

_____ Other: (please list

ACCOMMODATIONS: Overnight accommodations for up to 45 people are in comfortable, pleasant, private rooms, each with a twin bed, chair and sink. Restrooms and showers are conveniently located.

PAYMENT OPTIONS/ per person: Please note any of these options can be paid with check, cash, credit card (via Paypal), with Paypal or Venmo

_____ **\$250/Sacred Sustainer:** My fee includes supporting the scholarship fund and/or Unity

_____ **\$155/Sacred Sufficiency:** My fee covers the actual cost of my attendance

_____ **\$100/Commuter fee:** For those **NOT** staying overnight on site. Includes all meals.

*For confidential requests for a scholarship, or to further donate toward scholarships,
contact Rev Brigid at revbrigid@unityalbany.org /838-217-9058*