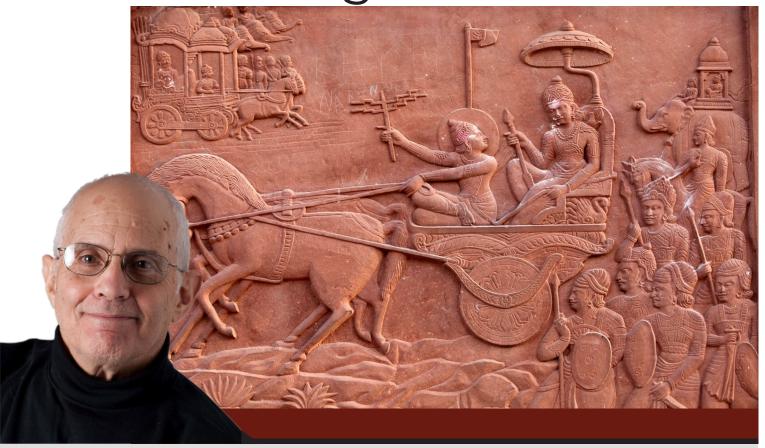


Living Life 200% Essential Lessons from

Essential Lessons from The Bhagavad Gita



## with **Philip Goldberg** Sunday, March 24, 12-2pm

\$30 Suggested donation

The book that inspired luminaries from Emerson and Thoreau to Gandhi and George Harrison offers concise guidelines for an inside-out approach to life in fulfillment: first, anchor yourself in the sanctuary of peace and fortress of strength that's your true nature; then, on that foundation, take on worldly challenges with heightened awareness and divinely attuned morality.

Unity of Albany, 21 King Ave., Albany, NY 12206 • unityalbany.org • 518-453-3603