

Random Acts of Kindness Club Week 2: "Love Packs"

If you have access to up-to-date information about resources throughout the capital region for food, housing, shelters, clinics, etc that would be greatly appreciated. I'm filled with gratitude to walk beside you to spread love & kindness through this love packs project. ♥

*Peace & Gratitude,
Natalie Smarro*

Below is our wish list for the love packs we will be creating this coming Wednesday January 24th. Our hope is that everyone leaves with at least 1 large love pack and 1 small love pack to give to someone in need. Chris Quick and I have items for each size already prepared, so this list is for items we think would go well with what we have started.

WISH LIST

wipes

Sanitizer

hygiene/personal care products (toothbrushes, toothpaste, tissues, comb, trial size products)

hat

mittens

socks

granola/snack bars

trail mix snack bags

rain poncho

emergency foil blanket

\$2.50-\$5.00 gift cards for coffee/food (more than a warm drink or food, this offers the ability to warm up from the cold and to use restrooms)

Each love pack will be packed with the following:

1 resource list

1 note of encouragement (we will create together as a group)

1-2 cold weather items

1-2 necessity items

2 food & drink items

1 treat