

A 30-Day Challenge

to help you understand your water usage and to learn how to conserve water

You may not be able to do all these challenges but choose a few and see how dependent you are on water, and how much we take it for granted.

Day 1: Measure your water usage for a day. Keep track of how much water you use for activities like washing dishes, showering, doing laundry, and watering plants.

Day 2: Fix any leaks in your home. Check all faucets and pipes for leaks, and repair any that you find.

Day 3: Turn off the tap while brushing your teeth. This can save a lot of water over time.

Day 4: Use a broom to clean outdoor areas like your patio or driveway instead of using a hose.

Day 5: Take a shower instead of a bath. Showers generally use less water than baths.

Day 6: Install low-flow showerheads in your home. These can help reduce water usage without sacrificing water pressure.

Day 7: Use a bucket to collect the water that runs while you're waiting for the shower to warm up. Use this water to water plants or flush the toilet.

Day 8: Don't rinse your dishes before loading them into the dishwasher. Scrape any food particles off, and let the dishwasher do the rest.

Day 9: Only do laundry when you have a full load. This can save water and energy.

Day 10: Install a rain barrel to collect rainwater. Use the water collected to water your plants and garden.

Day 11: Use a pool cover to reduce water evaporation from your pool.

Day 12: Water your lawn only when necessary. Overwatering can waste a lot of water.

Day 13: Don't let the water run while you're washing your hands. Turn it off while you're lathering up.

Day 14: Use a dishwasher instead of washing dishes by hand. Dishwashers generally use less water and energy.

Day 15: Fix any running toilets in your home. A running toilet can waste a lot of water over time.

Day 16: Use a broom to clean indoor floors instead of using a mop.

Day 17: Install faucet aerators in your home. These can help reduce water usage without sacrificing water pressure.

Day 18: Take shorter showers. Try to keep your showers under five minutes.

Day 19: Use a soaker hose or drip irrigation system to water your plants. These can help reduce water waste.

Day 20: Use a commercial car wash instead of washing your car at home. Commercial car washes are designed to be more water-efficient.

Day 21: Plant drought-tolerant plants in your garden. These require less water than other plants.

Day 22: Use a compost bin instead of a garbage disposal. This can help reduce water usage and save energy.

Day 23: Use a pool cover at night to reduce water evaporation from your pool.

Day 24: Wash clothes in cold water. This can save a lot of energy and water.

Day 25: Use a dishwasher with an energy-efficient setting. This can help save water and energy.

Day 26: Use a rain gauge to measure how much rain your lawn and garden are getting. This can help you determine if you need to water them.

Day 27: Install a low-flow toilet in your home. These can help reduce water usage.

Day 28: Only water your plants and garden in the early morning or late evening when it's cooler. This can help reduce water evaporation.

Day 29: Use a broom to clean indoor and outdoor areas instead of using a hose.

Day 30: Reflect on your water usage and the changes you've made over the past 30 days.

What did you learn? How can you continue to conserve water in the future?

Please share your reflections with us...

