

"The I of the Storm is a brilliant formulation of the psychological changes necessary for conflict resolution and peacemaking. A must-read!"

James Redfield—author of *The Celestine Prophecy* and *The Secret of Shambhala*



THE I OF THE STORM PRINCIPLES

I of the Storm Principles 1

Sometimes we see the whole picture: Usually we don't. We fill in the gaps with our perceptions and misperceptions. When I come from my wholeness my presence matters and I am the way of God. Whatever seems to be against me is the enemy, but in truth no one is against me.

I of the Storm Principles 2

"Love your enemies, bless them that curse you, do good for those who hate you and pray for those that spitefully use you and persecute you."

Matthew 5:44 KJV

I of the Storm Principles 3

When someone judges you say to yourself, "It is not about me."

If you react to their judgment say to yourself, "My reaction is about me."

I make my life mean what it means.

We participate in creating the quality of our life with our thoughts words and deeds.

I of the Storm Principles 4

My purpose is that

I am the Way, the Truth

and the Life of God.

I am the Christ of God!

I of the Storm Principles 5

Resistance stabilizes the attacker. Nonresistance is possible when we choose to become centered and are willing to experience life from center. When I am non-resistant God's power flows through me.

I of the Storm Principles 6

When I am living from my center and my wholeness nothing can hurt or upset me.

Therefore if I am hurt or upset it is because I am not living from my center and my wholeness. My hurt comes from me, not from others.

I of the Storm Principles 7

When I am hurt or upset it because there are pieces missing for me that prevent me from being centered and whole. I can experience healing by finding the missing pieces and connecting with my wholeness and center.

I of the Storm Principles 8

When others try to hurt me it is because they are not connected with their wholeness and center. I cannot fix other people. I can only heal myself.

I of the Storm Principles 9

God is in charge and all is well!