## INTRODUCTION TO UNITY

UNITY BASICS I Class 1 Student Resource Material

## What Unity Is

<u>Unity is an independent revelation of Truth</u>. Charles and Myrtle Fillmore studied many religions and philosophies, but what they have transmitted to us consists of those principles, ideas, and attitudes which they found confirmed by their own individual illumination in prayer, and by their own individual demonstration in practice. It is not in any sense a "splinter group" or sectarian offshoot of some other group.

<u>Unity is an attempt to return to First Century (original) Christianity</u>. in both is simplicity and its power. As Mr. Fillmore described it:

"Unity is the Truth that is taught in all religions, simplified and systematized so that anyone can understand and apply it. Students of Unity do not find it necessary to sever their church affiliations. The church needs the vitalization that this renaissance of primitive (original) Christianity gives it."

<u>Unity is a way of life.</u> study. and prayer. i.e., a way to apply the teachings of Jesus and the power of His apostles to modern life. Unity, therefore, does not require acceptance of any particular creed or dogma; rather, in a scientific spirit, it puts forth its teachings as working premises to be tested by actual use, and accepted on the basis of their demonstrated effectiveness, rather than on blind faith. Unity is a way of living from the resources of your real, inmost Self. It is a way of studying patiently and persistently the real meaning and practical mastery of life. It is a way of praying positively and affirmatively, knowing that the High Good one desires in his heart is already his.

<u>Unity is specifically Christian</u>. Recognizing the truth, beauty, and goodness to be found in all living religions, we yet find no peer for Jesus Christ, who opened to common people the Way to God, through the combined potency of His life and teachings. Unity teaches that Jesus Christ is alive and in the world today as an individualized Spiritual Presence, guiding humanity to its divinely intended glory and God-likeness. He is our Elder Brother, our Savior, our Lord, our Christ, our Teacher and our Friend.