

## What is A Course of Love?

There are many paths to enlightenment. Be sure to take the one with a heart. — Lao Tzu

https://acourseoflove.org/what-is-acol/

A Course of Love is a living course that empowers us to recognize, through our felt experience, the truth of who we are as human and divine beings—a truth much more magnificent than we could previously imagine. ACOL —

- **Reveals** a way of direct knowing of truth. It takes us beyond learning as Jesus nurtures our inner unity by inviting "wholeheartedness," the union of mind and heart.
- **Brings to light** the essential oneness of all, experienced through holy relationship with everything.
- Fosters radical forgiveness, and goes beyond forgiveness to "active acceptance."
- Readies us to be "the second coming of Christ" and to create "a new world."
- Was received by Mari Perron over three years (1998–2001) in the same manner and from the same Source as A Course in Miracles.
- Renews the revelation begun in A Course in Miracles. The relationship between the two courses is described this way: "A Course in Miracles attempted to dislodge the ego-mind that has provided you with an identity that you but think you are. A Course of Love then followed in order to reveal to you who you truly are." (T2:4.3)
- Stands on its own without need for readers to be familiar with A Course in Miracles.
- **Gently guides** the reader from the experience of separation to the experience of union, which is also to experience the power of God and the force of love.

"Start with this idea: Hold in your heart the idea that as you read these words—and when you finish reading these words—their truth will be revealed to you. Think of no other outcomes than your happiness, and when happiness comes deny it not, nor its source. Remind yourself that when love comes to fill your heart, you will deny it not, nor its source. You do not need to believe that this will happen, but only to allow for the possibility of it happening." C:7.23

https://acourseoflove.org/

http://www.centerforacourseoflove.org/discover-acol/

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## **Guidance for Groups**

https://acourseoflove.org/guidance-for-groups/

Jesus is quite specific in his guidance for those who are inclined to promote ACOL, and in his guidance for groups. He says:

When you feel the need to convince others of your belief, the need to give form to what is beyond form misses the point of what you have gained. You may be asking now, "Are you saying to do nothing?" At the thought of this you will be aghast and, what is more, bitterly disappointed. Again, as in the beginning, you seek a task to accomplish, forgetting that only you can be accomplished. (C:28.12)

Surely there are already those called to represent not only their true Selves but this Course to the world. If this had not been the case, you would not be taking this Course. It would not be available, and it would not be known to you. So even while I have said that no one is called to leadership and while I have surely meant this and do not call for leaders to amass followers, I do not mean to dissuade any of you who feel a call to represent this Course and the teachings of this Course with your lives and work. Those who feel this call are surely needed. And each of you will find the sharing of this Course to be among the easiest of ways to share what you have learned. You will almost certainly feel eagerness to share it and joy whenever and wherever you are able to do so. But some of you will find that you do no more than mention this Course as the one, or only one of the teachings that has led you to the truth. You are a beautiful representation of the truth and cannot be otherwise. (3T:22.2-3)

"The task of facilitators of such meetings of open hearts is to direct the reader away from ego mind and back to wholeheartedness or Christ-mind. "How do you feel?" is a more appropriate question than, "What do you think?" The sharing of experience is more appropriate than the sharing of interpretation. The sharing of process is more appropriate than the sharing of outcome. Facilitators will keep readers from attempting one correct interpretation, as the only correct interpretation is that which comes from each reader's own internal guidance system. Group attendees will find themselves feeling less competitive or interested in asserting their beliefs as it becomes clear to them that unlike in other learning situations, there is no correct answer or specific set of beliefs to be adopted. The student begins to move beyond the need for shared belief to personal conviction and authority." (A.15)

"Always it is the facilitator's role to guide the individual group members away from inclinations, which may be strong during this time, to "figure things out." Problem solving is to be discouraged. Trust is to be encouraged. Often a discussion can be facilitated greatly by the question, "How might we be able to look at this situation in a new way?" To encourage the gentleness of the Art of Thought over the relentless stridency of the thinking mind is always helpful. Obsessive thinking is always ruthless, judgmental, and wearing on the thinker. He or she needs help in breaking its grip and should never be allowed to suffer." (A.31)