



2018 FALL RETREAT

Journey Into Your Divine Self

with Rob Geyer

You are invited to join with your fellow congregants and facilitator/author, Rob Geyer, for this year's weekend retreat entitled, "Journey Into Your Divine Self." Come take a journey into forgiveness, healing, nourishment, gratitude, dreams and celebration, all within a warm loving atmosphere. You will have opportunities to explore your divine self through journaling, meditation, music, creative arts and sharing with others. There will be some additional time for independent journaling, silence, walking and even tree hugging, if one calls to you.

The Dominican Retreat and Conference Center in Niskayuna, NY is a place of peace and safety open to all people who seek to grow in relationship with themselves, others, and their God. For more information about the Center visit: www.dominican-spiritual-life-center.com The retreat runs Friday, October 5 through Saturday, October 6. It begins with dinner on Friday and ends with dinner on Saturday.

- Cost - \$199.00 includes meals & snacks, private bedroom, and program
- Registration Deposit - \$75.00 Due with registration form (non-refundable)
- Check In: 5:00 PM on Friday, October 6th
- Retreat begins: 6:00 PM Friday with dinner
- Retreat ends following dinner at 6:00 PM on Saturday, October 6th

For more information: Call (518) 453-3603 or email unityalbany@yahoo.com.

To Register: Submit the form below by Sunday, September 23, along with your \$75.00 **non-refundable deposit** to: Unity Church, 21 King Ave. Albany, NY 12206. (Make checks payable to Unity Church.)

Space is limited to 42 participants.

Please Print Very Clearly – especially your email address.

Name _____ (Special meals: vegetarian gluten free)

Mailing Address _____

City _____ State _____ Zip Code _____

Email _____

Home Phone _____ Cell Phone _____

Deposit: \$ _____ .00